

Newsletter

2023 in Perspective; fulfilling our promise to give back to the community.



Koohi Gooth Hospital Fundraiser

March 2023

Canadian Global Care organized a fundraiser for Koohi Goth Hospital Karachi Jannat Project. The goal was to see the impact of nutrition in pregnant women in rural Sindh. This project is ongoing and is benefitting this vulnerable population immensely.

6th Annual CGC Pain Run

July 2023

1 in 5 Albertans suffer from chronic pain. To raise awareness about the impact of chronic pain in our communities, CGC organized its 6th annual pain run and raised funds. These funds trickle down to the Chronic Pain Centre where they are used to support vulnerable chronic pain patients with grocery and bus coupons.





Donor Appreciation Brunch

November 2023

CGC Hosted an appreciation brunch to appreciate our valuable donors, contributors, and supporters.

Volunteering; Calgary Food Bank

December 28th, 2023.

CGC Volunteers donated their time and energy to the Calgary Food Bank, continuing CGC's yearly commitment. We are grateful to all our volunteers for their incredible and fantastic community services.





Educational Support on Palliative Care Project

CGC's Team provided educational support to vulnerable communities on Chronic Pain Palliative Care Project at the Dow University of Health Sciences, Training the Trainer.

CGC on Campus Fundraiser

October 2023

CGC's youth club at the University of Calgary organized a bake sale to raise funds for charity. Over \$500 were raised, and donations were forwarded to Islamic Relief and Mental Health for South Asia, addressing healthcare concerns both locally and globally.



FUTURE EVENTS

- **Ramadan Fundraiser - March 23rd 2024**

(By invitation: Please send an email to canadianglobalcare@gmail.com if you are interested in contributing)

- **CGC Pain Run - September 2024**
- **Celebrating CGC: The Global Impact - 15th anniversary of CGC Society**
- **Palliative Care Support to Dow University of Health Sciences**
- **Chronic Stress & Management Presentation (CGC on Campus) - February 28th 2024**