

**Mission:** We strive to improve the health and well-being of underprivileged populations locally and globally.  
**Vision:** To support the provision of quality health care within Canada and around the world

## OVERSEAS

### MDMI Nutrition Program

Due to the great effects of malnutrition on youth in Pakistan, we have been working to develop the Pediatric Department in the hospital and have realized that proper nutrition is a major concern.

The continued development of the department will be done in stages; the first stage is the outpatient department which is functioning, second stage will be inpatient (emergency & wards) and the third stage will be the establishment of the intensive care unit.



Recently, Maheer Khan – a medical student at University of Alberta and Project Director at Canadian Global Care Society - visited the Midland Doctors Medical Institute and worked with their team on the nutrition project.

## REMINDER

### Direct Deposit

The direct deposit system has been set up to make it easier to make monthly donations of any amount to ensure that the hospital continues to run smoothly.

**Find out more on our website:**  
<https://www.canadianglobalcare.com>  
**Made by CGC Youth**

## LOCAL

### Outrun the Pain – Chronic Pain Run

**Did you know** that over 800 000 Albertan's live with chronic pain every that and 1 in 5 Canadians suffer from chronic pain. However, less than 1% of total funding from Canadian institutes of health research go to pain related studies?

On September 2<sup>nd</sup>, we had a very successful run to raise awareness for chronic pain at Glenmore Park. We raised **\$5000** for this cause! Thank you to everyone who participated and donated!



### Welcome

We welcome Dr. Magali Robert to our group as a CGC Director

### Membership

Your membership shows your commitment to make a difference. Visit our website to join our team or email us at [canadianglobalcare@gmail.com](mailto:canadianglobalcare@gmail.com)

## FUTURE EVENTS

### Annual General Meeting

The Annual General Meeting will be on Jan 27<sup>th</sup>. Location TBA.

### Chronic Pain Run

The next Chronic Pain Run will be Sunday, **June 23/2018**. Look forward to a fun-filled day for a great cause! Details TBA in the February newsletter.